

LEMON RECIPE BOOK

Carrot Cake with Lemon Icing



Ingredients for the cake

- 375g carrots (peeled)
- 120ml neutral oil
- 3 eggs
- 195g whole wheat flour
- 45g potato starch
- 195g sugar cane
- 2 table spoons of lemon glaze
- 1 bag of baking powder
- A little salt

For the icing

- 1 bag powder sugar
- Lemon Glaze to taste







Preparation

- 1. Cut the carrots into slices, put in a mixer, add the seed oil and mix.
- Add the eggs and keep mixing with the mixer or with a fork (not to "shake" the eggs too much).
- 3. In a separate bowl add the flour, sugar, potato starch, yeast, a little salt, and mix with a kitchen whisk.
- 4. Add the carrot mix and keep whisking.
- 5. Add the lemon glaze at the end, mix to finish.
- 6. In a baking round pan using baking paper pour the cake mix
- 7. Bake 190°C for 50-60 minutes
- 8. Check with a toothpick at its center if it is fully cooked
- 9. Let it rest

For the lemon icing

- 1. In a bowl add the lemon glaze to the powder sugar step by step until obtaining the consistency you wish.
- 2. Pour the icing on the cake distributing it homogenously
- 3. Let it cool down before serving (at least 2 hours)





